

## PROPER Shooting MECHANICS

Hold the OrigynPlus basketball so that your fingertips rest naturally within the DeepGrooves and make sure that your shooting hand's fingertips are aligned with the ball's valve or a reference point on the ball.





INCORRECT

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## PROPER SHOOTING MECHANICS

Your non-shooting hand, or guide hand, should rest gently on the side of the ball. It provides stability and support during your shot. Avoid applying too much pressure with your guide hand, as this can influence the ball's trajectory.





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