

# PERFECTING YOUR SHOT IN 7 STEPS

This guide will delve into the crucial steps for perfecting your shooting technique with the OrigynPlus basketball. With practice and dedication, you'll harness the unique design of the OrigynPlus to elevate your basketball shooting skills to new heights.



## **Grip the DeepGrooves**

Hold the OrigynPlus basketball so that your fingertips rest naturally within the DeepGrooves.

The DeepGrooves are designed to guide your hand placement automatically, ensuring that your fingers are positioned correctly on the ball.







#### **Center Your Palm**

Place your shooting hand's palm in the center of the ball, underneath the DeepGrooves. The grooves will naturally guide your hand to the optimal position for shooting.



## **Fingertip Alignment**

Ensure that your shooting hand's fingertips are aligned with the ball's valve or a reference point on the ball. This alignment helps maintain consistency in your shot release.







#### **Guide Hand Placement**

Your non-shooting hand, or guide hand, should rest gently on the side of the ball. It provides stability and support during your shot. Avoid applying too much pressure with your guide hand, as this can influence the ball's trajectory.





## **Maintain Balance**

Keep a balanced grip on the OrigynPlus, allowing the DeepGrooves to guide your hands while still maintaining a natural feel.



## **Shooting Arm & Follow-Through**

Your shooting arm should form a 90-degree angle at your elbow when releasing the ball. As you release, extend your shooting arm upward, maintaining a relaxed wrist and fingers for a smooth follow-through.







## **Practice & Feedback**

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